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| **Ритм спонтанных мочеиспусканий** | *Пример заполнения* |

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| Ф.И.О.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | Возраст\_\_\_\_\_ | лет |
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| Дата:\_\_\_\_\_\_\_\_\_\_\_ |  |  |  |  |
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| **Время** | **Что выпито** | **кол-во** | **Время** | **Объем мочи** |
|  |  |  | 7:40 | 120 |
| 7:50 | вода | 200 |  |  |
| 7:50 | суп | 150 |  |  |
|  |  |  | 14:15 | 200 |
| 17:30 | кола | 200 |  |  |
| 20:05 | вода | 400 |  |  |
| 20:10 | чай | 200 |  |  |
|  |  |  | 23:25 | 200 |
|  |  |  |  |  |
|  |  |  | ночной |  |
|  |  |  | энурез | немного |
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| **Объем жидкости:** |  | **1150** | **Объем мочи за сутки:** | **520** |

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| **Ритм спонтанных мочеиспусканий** |  |

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| Ф.И.О.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | Возраст\_\_\_\_\_ | лет |
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| Дата:\_\_\_\_\_\_\_\_\_\_\_ |  |  |  |  |
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| **Время** | **Что выпито** | **кол-во** | **Время** | **Объем мочи** |
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| **Объем жидкости:** |  |  | **Объем мочи за сутки:** |  |